

FEEDBACK

Video Session

What comes between us and the better version of us oftentimes is _____.

Feedback: to feed corrective information back to the point of origin

Feedback is rarely a **pleasant** experience.

Our initial reaction to feedback is to _____.

When we push back from **feedback**, we move away from the **better** version of ourselves.

Say, "Ouch, that _____."

Identity: the story we tell ourselves about ourselves

Feedback is about **one** thing, yet somehow we can make it about _____.

It's difficult to _____ something while we are trying to _____ something.

When we no longer seek the _____ of others, we are free to seek the _____ of others.

What can you do to stay **connected to** and **reminded of** your identity in Jesus?

Team Discussion Questions

1. Talk about a time an assumption you were making turned out to be inaccurate.
(This could be as silly as a word you were mispronouncing or as significant as something that was reflected back to you professionally.)
2. What feedback have you received in the past that hurt at the moment but eventually led to a better version of you? *"Ouch, that helps."*
3. Adam pointed out that we gravitate toward situations where we will likely get a check mark in our box and avoid situations where we might get an "x." What have you been scared to try at work for fear of getting an "x"?
4. As a team, what can you do to create a culture where you're all free to seek each other's feedback?

This Week, Think About...

What can you *practically* do to remind yourself of your identity in Christ—that there is nothing you can do at work to prove yourself any more worthy than you already are?

For Further Reading...

Thanks for the Feedback, Doug Stone & Sheila Heen

Grace Walk, Steve McVey