

# ENEMIES *of the* HEART

**“But the things that come out of the mouth come from the heart...”**

- Matthew 15:18

## **Four Leading Causes of “Heart Disease”**

### **1. Guilt – “I owe you.”**

Guilty leaders keep their secrets hidden by building walls.

They seem distant and distracted.

They often isolate themselves by maintaining a “professional” and “businesslike” persona.

Guilty leaders often overreact to people who share their weakness.

Guilty leaders find it difficult to trust.

### **2. Anger – “You owe me.”**

Angry leaders overreact to unmet expectations.

Angry leaders are prone to fix blame on individuals rather than systems.

Angry leaders punish failure.

Angry leaders have difficulty accepting responsibility for their own failures.

Angry leaders often have a short fuse or are prone to depression.

### **3. Greed – “I owe me.”**

Greedy leaders are reluctant to share credit.

Greedy leaders are reluctant to share the rewards of success.

They have a propensity toward changing the rules in the middle of the game.

They sacrifice the good of the organization for the sake of personal advancement.

### **4. Jealousy – “God owes me.”**

Jealous leaders are quick to point out the fault of others.

They are unwilling to go the extra mile to facilitate someone else’s success.

They often criticize successful people in similar fields.

They are threatened by strong, talented, or popular people.

Jealous leaders are reluctant to invest in high-potential leaders.

They measure success in terms of other’s failures.