

Living with Yourself

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HABITS TO
SAFEGUARD
YOUR SOUL

Part 1: Surrender Your Will

Selfishness is a terrible master that does nothing for you. The more you choose to surrender to God, the more he will lead you to peace with yourself.

Discussion Questions

1. When is the last time you heard a story and thought, *How do they live with themselves?* What does that response assume about you?
2. What does the following statement bring to mind: *The health of your soul determines your tolerance for duplicity?*
3. What emotions does the idea of unconditional surrender to God surface in you? Why?
4. **Read Romans 12:1–2.** What words stand out to you? How would you define “the pattern of this world”? What are some ways you have conformed to that pattern, either currently or in the past? How did conforming get you further away from the person you want to become?
5. Is there something you have surrendered? What was it? Is it still something you need to remind yourself daily to surrender?
6. Is there something you currently need to surrender? Will you?

Heavenly Father, I surrender myself to you—my hands, my feet, my eyes, my ears, my thoughts, my desires, my hopes, my dreams, my talents, and my opportunities. I surrender all. Thy will be done through me today.
