



Gently Used

Andy Stanley

Note: The following content is a raw transcript and has not been edited for grammar, punctuation, and word usage.

00:00 Andy Stanley: Yeah, so let's begin with some quick confession at all, of our churches. How many of you have ever used a piece of exercise machinery as something to hang a coat hanger on elliptical, treadmills? Yeah, yes, right, and the others of you the only reason you did this because it was in a room where you didn't have coat hangers, right. Are you familiar with this? Are you familiar with this phrase? Gently used in the old days we just called it used but now it's gently used. That means I bought it brand new and it's almost still brand new because I didn't really use it, gently used... And did you know that the best deal of all time, on gently used anything? I mean, the best deal, I mean you can just save hundreds and hundreds in some cases, probably over a thousand dollars is on gently used consumer grade fitness equipment. This stuff is everywhere. And when I say gently used I mean when you see it, it's like... Did anyone use this at all? And the answer is "not really, really."

00:53 AS: In fact, some of you have sold fitness equipment. That was in pristine condition. The only thing is you had cobwebs on it? And again, there were finger prints from your kids who hung on it and played on it, right. And the interesting thing about consumer greatness equipment is that the original purchasers, and we've all probably been original purchasers. The original purchasers, purchased this stuff. Why did we purchase it to begin with? We purchased it because we're believers right, we believed we believed in fitness, we believed in exercise we believed in getting our cardio in we believed in health. And the reason, however, that this stuff is such a good deal and the reason is gently used isn't that we didn't believe it's that we didn't actually use it, because oftentimes when it comes to exercise equipment, people don't act on what they believe. And as you know, in the realm of health, whether it's nutrition, or exercise, believing makes absolutely no difference when it comes to your health believing doesn't help you at all. In fact, we probably all believe basically the same thing as it relates to our health and nutrition and exercise, we're probably all believers.

02:00 AS: I mean we would almost use the same terminology to describe how important it is, but Believing doesn't make any difference. What makes a difference doing is what actually makes all the difference. In fact, how many of you let's confess, Okay, how many of you have exercised with a bad attitude? You did not wanna do it and you just did it anyway. Yeah, that's right, you can have a terrible attitude. In fact, you can not even believe it's doing any good and it still does good because doing this, what makes the difference not believing? Now, this is true in many areas of your life, and we're gonna talk about one specifically, just a few minutes, but one of the things