

# COMPARISON

# Trap

*Comparison is never-ending  
and exhausting*

The temptation to compare is as near as your next chat with a friend, trip to the store, or check-in on social media. And whether you come out on top or come up lacking, there is simply no win in comparison. It's a trap.



### **The Comparison Trap study includes:**

- 4 video sessions (20 minutes each)
- 4 sets of discussion questions
- 28-day devotional and activity pages
- Coloring pages, recipes, and tips for hosting

**Sandra Stanley** is a mom of three grown children and the wife of Andy Stanley, founder of North Point Ministries. She's a foster mom who is learning, stretching, and trying to figure out how to best love on little hearts that need healing. She's an organizing ace, a health nut, and a recent addict of HGTV.

**WHEN:**

**WHERE:**