

REATHING



Pursuing a Pace That Will Finally Give You Peace

DO YOU EVER FEEL LIKE YOU DON'T ENJOY ANYTHING BECAUSE YOU'RE TRYING TO DO EVERYTHING?

You're filling your calendar, draining your bank account, and multi-tasking your way through life. You're efficient... but exhausted. You just need a little bit of breathing room. With one surprisingly simple invitation, God offers a way to trade your overwhelming pace for one that will finally bring you peace. This 28-day study will show you how.



Study Includes

- 4 SESSIONS
- 28 DAILY DEVOTIONS
- -15-MINUTE STUDY VIDEOS
- FREE APP WITH VIDEOS, ARTWORK & MUSIC

Hout the author

SANDRA STANLEY is a mom of three grown children and the wife of Andy Stanley, founder of North Point Ministries. She's a foster mom with a passion for promoting foster care in the local church. She's an organizing ace, a health nut, and a wannabe gardener with a brownish thumb.





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