

# THINGS CHRISTIANS DO

(AND WHY???)

## Things Christians Do: Why Do We Practice Communion?

We sing together. We take Communion. We baptize people. Discover the “why” behind these three important expressions of the Christian life.

### Discussion Questions

1. On a scale of 1 to 10, how good are you at remembering things? Is it the big things or the small things (or both) you sometimes forget?
2. In what ways do you think forgetfulness can be an enemy to our faith?
3. Read Joshua 4:1–7. What is a “stone” of remembrance in your faith that you can look back to as a time of God’s faithfulness?
4. What are we remembering when we take Communion, and why do you think it’s important for us to keep this before us as we seek to follow Jesus?
5. Read 1 Corinthians 11:28. Not one of us is perfect or deserving of Jesus’s sacrifice, so why do you think Paul instructs us to “examine” ourselves before taking Communion?
6. How can the meaning of Communion practically impact our faith?