



## Part 1: “A Problem Meets a Power”

### Introduction

Our human condition is the state in which we exist and live. In this series, we discover that to be human is to live in the tension of who we want to be and who we actually are. The apostle Paul shows us that this tension is bigger than we are and we can't fix it on our own. The problem of sin within us required the power of God beyond us.

### Discussion Questions

1. What is the last self-help book you bought/read? Was it helpful?
2. Where is one area you wish you could “close the gap” between where you actually are and where you wish to be?
3. If you began to view “sin” as a noun rather than a verb, would that change how you view yourself or your actions? Would you consider yourself a “sinner”? Why or why not?
4. Samer argues that if our sin problem is a verb, we would be able to self-correct. However, if it is a noun, then we need rescuing. After reading Romans 5:12, does the realization that we all need rescuing bring you comfort and hope or frustration and discouragement? Why?
5. The good news of the gospel is there is hope for the human condition. “Nothing magnifies the power of a solution better than fully understanding the depth of the problem.” Paul was unashamed of the gospel because he had experienced its power. If you are a Jesus follower, what is one way you have experienced God's redemptive power?

### Moving Forward

Romans 5:18–19 says, “Consequently, just as one trespass resulted in condemnation for all people, so also one righteous act resulted in justification and life for all people. For just as through the disobedience of the one man the many were made sinners, so also through the obedience of the one man the many will be made righteous.”

### Changing Your Mind

God used his power to help us, who were powerless. The apostle Paul reminds us that this reality is available to all—not by doing anything or earning anything. It's available to all who believe.