



Part 3: "Traveling Companions"

Introduction

The friends we travel closest with are the ones we talk the most with. Our challenge is learning which friends to keep close and which ones to part ways with. In this message, we'll learn how to choose our traveling companions wisely. Warning: *These companions aren't necessarily around you.*

Discussion Questions

1. The average person uses 15,000–16,000 words a day, most of which are used in conversation. Would you say you're above, below, or within range when it comes to how many words you use?
2. Who are some of your traveling companions and how would you describe them?
3. The first part of Romans 12:2 says, "Do not conform to the pattern of **this world**." What are some ways you observe others being conformed to the pattern of this world? What about you? In what ways do you feel the world trying to press you into its mold?
4. The second part of Romans 12:2 says, "but be transformed by the renewing of your mind." What would a transformed you look like? How would you think differently?
5. What is one way you can begin to renew your mind over the next few weeks (in addition to recognize, reject, and replace)?

Moving Forward

Here are three great truths to help us as we renew our minds:

Nothing can separate me from the love of Jesus. (Romans 8:37–39)

I am chosen to be in God's family. (Ephesians 1:6)

My life has purpose and meaning as God's child. (Ephesians 2:10)