
BETTER FOR IT

Part 3: Moving Forward From A Crisis

There is more to your circumstances than meets the eye. Your current circumstances are a chapter. They are not the full story.

Discussion Questions

1. Were your parents reactors or responders? How did their pattern work out for them? For you?
2. Is it difficult to imagine the events of your life the events of your life as part of a bigger story?
3. **Read Genesis 15:18–20.**
 - What stands out to you?
 - Given all that Joseph had been through, how could he respond like that?
4. **Read Romans 8:28**, with Joseph's story as a backdrop.
 - What stands out to you?
 - What are the implications of Paul's words to all Christians who are navigating adversity?
5. Where are you reacting as expected rather than responding in a way that opens the door for an unexpected outcome?

Changing Your Mind

You have the power to respond rather than react. Use it. You will be better for it, and the people around you will be, too.