

BETTER FOR IT

Part 1: Becoming Better Through A Crisis

For many of us, there's something we wish we'd been doing all along to prepare for what is happening now. Whatever lessons we're learning, now is the time to start putting them into practice.

Discussion Questions

1. Where have you felt the most pressure during this season? Financially? Relationally? Spiritually? Something else?
2. Is there anything you should have been doing that would have better prepared you for what you are currently experiencing?
3. **Read Proverbs 25:28.** What stands out to you? Are any of the challenges you're currently facing due to the principle highlighted in this verse?
4. In addition to your faith being exercised and strengthened, what other positive outcomes might result from your current trial(s)?

Changing Your Mind

At first I am overwhelmed, and all my little happinesses look like broken toys. Then, slowly and reluctantly, bit by bit, I try to bring myself into the frame of mind that I should be in at all times. I remind myself that all these toys were never meant to possess my heart, that my true good is in another world and my only real treasure is Christ... But the moment the threat is withdrawn, my whole nature leaps back to the toys.

— C.S. Lewis, *The Problem of Pain*

God, help me to not leap back to the toys. Help me remember what I'm learning through this season and carry it forward to the next.