



PART 3: INSECURITY

INTRODUCTION

The virus of insecurity presents in many ways. That makes identifying and treating the virus difficult. Most of us attempt to treat the symptoms, but unless we root out the real cause, we will never fully heal. In the Psalms, King David reminds us that we have divine security. And he should know,—he too suffered from the virus of insecurity.

DISCUSSION QUESTIONS

1. What is something you were good at as a child that earned you praise or recognition? Is that something you still do today?
2. How old were you when you first remember experiencing insecurity? What was the source of that insecurity?
3. In the message, Gavin suggested it's impossible to be secure in who God made you to be if you're disappointed with who God *didn't* make you to be. How have you seen this dynamic play out in your life?
4. **Read Psalm 139:13-14.**
What impact would it have on your life if you consistently lived in the security of believing that you were “wonderfully made” by the God who created you?
5. As you examine your life, to which pursuit are you giving more effort and energy—becoming an unhealthy replica of someone else or becoming the healthiest version of you?
6. What is holding you back from fully pursuing becoming the healthiest version of who God has made you to be? How can this group help you in that pursuit?

MOVING FORWARD

While we tend to create an image of our “ideal” selves, God created our *real* selves. When we are consumed by who we aren't, we lose sight of who God made us to be. Who are you when you're at your best? Where do you excel when you're at your best? What does that tell you about who God created you to be?

CHANGING YOUR MIND

For you created my inmost being; you knit me together in my mother's womb.

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

Psalm 139:13-14 (NIV)