

# FALSE SELF DIAGRAM

## Influences

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....
- 6.....
- 7.....
- 8.....

## False Beliefs

- |        |         |
|--------|---------|
| 1..... | 7.....  |
| 2..... | 8.....  |
| 3..... | 9.....  |
| 4..... | 10..... |
| 5..... | 11..... |
| 6..... | 12..... |

## Behaviors and Emotions
